



August 2011

Future Fest

Friday, July 15th
Pahrump High School
-9th Grade Academy

Story on Page 2



Stacy Smith and Tim Wighers at a Social Media workshop



Ham & Cheese Breakfast Casserole

Inside this Edition

Calendar	2
Future Fest	1-2
CADCA Training	3
Nathan Adelson Hospice Volunteer Training	3
Workshops	4
Back to school Health Fair	5
Recipe	6
Boggs Bogglers	7

August 2011

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6 Back to School Fair
7	8	9	10 Communi-ty Outreach	11	12 Teen Night Pool 6-8pm	13
14	15 SAFT Mtg. Legal Clinic	16	17 Coalition Meeting	18	19	20
21	22 Volunteer Training	23 Volunteer Training (2)	24	25	26	27
28	29	30	31 Sexual Assault Workshop			

6th Back to School Fair - Desert View Hospital 360 S. Lola Lane, Pahrump. 10:00 AM—2:00 PM.

10th Community Outreach Meeting - Oasis Outreach 1061 E 2nd Street A 11:30am

15th SATF Meeting - Nye County School District 484 S. West St., Southern District Office

17th General Coalition Meeting - Pahrump Library 701 East Street 8:30 AM.

22th Volunteer Training - Pahrump Office 1401 S. Highway 160 Suite B. 9:00 AM - 3:30 PM.

On July 15, 2011 more than 200 youth, family and community members participated in NyECC's Future Fest in the 9th grade Academy Gym at Pahrump Valley High School. This event was developed for youth from 14 to 21 years of age and their families. At Future Fest youth learned about volunteer/service learning opportunities, higher education and employment opportunities.

In addition to the learning there was live music and games including a 40' climbing mountain and a Dance Dance Revolution game. NyECC's hope is to host another event in the second half of the upcoming school year.

Future Fest would not have been possible without the tremendous support of our community partners. AmeriCorps members assisted with planning and coordination, local media promoted the event and the Nye County School District helped promote Future Fest to students. The business community was a key partner as well.

NyECC is moving toward a greater use of social media and promoted Future Fest on Facebook and Twitter. In fact we had local youth tweeting live from Future Fest. Look for NyE Communities Coalition on Facebook and Twitter.



Future Fest was made possible through a grant from the Nevada Public Education Foundation. NyECC is currently a Ready for Life funding recipient assessing and understanding why youth in Nye and Esmeralda Counties don't finish high school.



Mid-Year Conference
Building drug-free communities.

Five team members from NyECC recently attend CADCA's mid-year training. For more than 18 years, CACDA's network of more than 5,000 community anti-drug coalitions has been bringing together sectors of the community to solve their local substance abuse problems - from schools, businesses and parent groups to healthcare providers, faith organizations, social service agencies, law enforcement, government agencies and the media. The result is a comprehensive, communitywide approach to reduce substance abuse and its related problems.

CADCA unites community coalitions across the nation, ensures that coalitions can effectively address drug and alcohol abuse and helps communities develop coalitions from the ground up. There were eight learning tracks - some for everyone.

In the photo to the right, Stacy Smith and Communications Coordinator Tim Wigchers are learning how to use Facebook and Twitter more effectively in a Social Media workshop.



Watch for more about this conference from NyECC



We're Moving

In case you haven't heard yet NyE Communities Coalition and Workforce Connections will be moving to the old Manse Elementary School at 1020 E. Wilson. Watch for more details next month.

Nathan Adelson Hospice Volunteer Training

Nathan Adelson Hospice is currently looking for some compassionate and caring volunteers in the Pahrump area. Our next training for new volunteers will be held on August 22 and August 23 from 9:00am-3:30pm each day. Training will be held at the Pahrump Office located at 1401 S. Highway 160 Suite B.

To register for the training, please contact Jennifer Mauceri, Volunteer Manager at 702-796-3185 or jmauceri@nah.org ; or call the Pahrump office at 751-6700.

**FORMS COMPLETION CLINIC
FOR PEOPLE WHO ARE FILING WITHOUT LEGAL REPRESENTATION**

August 15, 2011 11:00 a.m. – 1:00 p.m.

A Free Legal Education Clinic sponsored by:



General instructions will be provided regarding the completion of Self Help Forms

Assistance/Legal Education will be provided to complete forms;

Notary Public will be available

Please register by calling (702) 386-0404 x132

Clinic to be held at:



3250 S. Highway 160 Ste. 6, Pahrump, NV 89048

Please register by calling (775) 753-5880 - walk in are welcome

**STATE OF NEVADA ATTORNEY GENERAL'S OFFICE &
THE NEVADA COALITION AGAINST SEXUAL VIOLENCE**

***Workshop on*
Best Practices for Working with Victims of Sexual Assault**

- What:** This is a 3-hour presentation and multi-disciplinary workshop where participants will dialog with community partners on developing local Best Practices for responding to cases of sexual assault.
- Who:** Should Attend? Anyone who might work with victims of sexual assault, including, but not limited to, law enforcement, medical staff, advocates, prosecutors, social services, school counselors, mental health providers, clergy, suicide prevention, CPS workers, etc.
- When:** Wednesday, August 31st @ 9:00 am
- Where:** Pahrump Fire Department – 300 North Hwy. 160, Pahrump, Nevada

For more information, contact:

Dorene Whitworth, (775) 721-4691 dorene.whitworth@yahoo.com

Back to School and Health Fair 2011



Saturday, August 6

10:00 a.m. to 2:00 p.m.

Desert View Hospital

360 S. Lola Lane, Pahrump

Screenings & Resources

For more information call NyE Communities Coalition at 727-9970

- | | | |
|---|------------------------------|-----------------------------------|
| Vision | Fluoride Varnish | Safety & Security |
| Dental | Hygiene/
Grooming | Healthcare
Information |
| Immunization
(bring your immunization card) | Youth Activities | Community
Resources |
| Sports Physicals- \$10 | Face Painting | |
| Fitness | School Supplies | |
| Nutrition | | |

Community Partners





Ham & Cheese Breakfast Casserole

Servings: 6

Total Time: 1 3/4 Hours

Yield: 6 Servings

Prep Time: 30 min.


This healthy update of a traditionally rich ham-and-cheese breakfast strata is made lighter primarily by losing a few egg yolks and using nonfat milk. Gruyère cheese has a delicious, nutty aroma and flavor, which means that with the relatively small amount in this recipe you still get a big impact. To finish the makeover use nutritious, fiber-rich, whole-grain bread instead of white. The results: plenty of flavor, half the calories and one-third the fat of the original.

Recipe Steps:

1. Preheat oven to 375°F. Coat a 7-by-11-inch glass baking dish or a 2-quart casserole with cooking spray.
2. Whisk eggs, egg whites and milk in a medium bowl. Add mustard, rosemary and pepper; whisk to combine. Toss spinach, bread, ham and roasted red peppers in a large bowl. Add the egg mixture and toss well to coat. Transfer to the prepared baking dish and push down to compact. Cover with foil.
3. Bake until the custard has set, 40 to 45 minutes. Uncover, sprinkle with cheese and continue baking until the pudding is puffed and golden on top, 15 to 20 minutes more. Transfer to a wire rack and cool for 15 to 20 minutes before serving.

Recipe Ingredients

1. 4 large eggs
2. 4 large egg whites
3. 1 cup nonfat milk
4. 2 tablespoons Dijon mustard
5. 1 teaspoon minced fresh rosemary
6. 1/4 teaspoon freshly ground pepper
7. 5 cups chopped spinach, wilted (see Tip)
8. 4 cups whole-grain bread, crusts removed if desired, cut into 1-inch cubes (about 1/2 pound, 4-6 slices)
9. 1 cup diced ham steak (5 ounces)
10. 1/2 cup chopped jarred roasted red peppers
11. 3/4 cup shredded Gruyère or Swiss cheese

You can also find more at 
Better information. Better health.

To Your Health

What kids need to succeed - asset #2 Positive Family Communication

- Be available whenever and wherever your kids want to talk. What if you're in the middle of something? Arrange a time when you can talk-soon. Watch for hints. A child who hangs around usually wants to talk.
- When your kids talk, really listen. Accept the fact that you won't agree on everything. Never label a child's opinions, beliefs, feelings, or experiences "silly," "stupid," "childish," or "wrong."
- Ask your kids every day about what they are doing and thinking. Tell them about your day, too. Form the habit of frequent conversation.
- Have family dinners now and then during which conversation focuses on one topic. Brainstorm as a family things you might talk about, then rotate whose turn it is to pick the topic.
- Spend one hour a week with each child individually. Whenever possible, spend a whole day together. Your kids will cherish these special times.
- The fewer topics you declare "off limits," the more your kids will talk to you. If you don't know the answer to a question, help your kids to find it. Visit the library, ask an expert, or search the Internet together.
- Ask your child's opinion or advice about something important.

NyE Communities Coalition Managing Board

President	Tom Metscher, Chief Juvenile Probation Officer - Nye County Juvenile Probation serving Nye and Esmeralda County Youth
Secretary	Julie Platson, Chaplain, Nathan Adelson Hospice and Priest, St. Martin's Episcopal Church
Treasurer	Tina Simpson, Maple Star
Past Pres.	Linda Fitzgibbons - Nye County School District: Pre-K Program, Grant Site Representative, Parent Involvement, and Homeless Liaison
Member	Marsha Kenyon, Nevada Federal Credit Union
Member	Tammi Odegard, 5th Judicial District Court
Member	Sierra Fitzgibbons, PVHS Student
Member	Jake Smith, PVHS Student



Committee Chairs

Community Outreach Committee.....	Pastor Ron Fairbairn	Holiday Task Force.....	Jackie Wondra
Substances of Abuse Task Force.....	Marlene Richter	Evaluation Committee.....	Linda Fitzgibbons
Children's Health Task Force.....	Tina Simpson	Coalition Meetings.....	Tom Metscher

2280 E Calvada Suite 103
Pahrump, NV 89048
Phone: 775-727-9970
Fax: 775- 727-9971
E-mail: info@nyecc.org

Boggs Bogglers By Jacob Boggs

August Boggler:

**TRY STAND
2**

9S2A5F4E1T8Y6

**July's Boggler solution:
Safety in Numbers**

Visit us
on the web at
www.nyecc.org