

YOUTH
SERVICE
&
ACTIVITY
DIRECTORY

2007-2008

A PROJECT OF



IN COLLABORATION WITH
NYE COUNTY JUVENILE PROBATION





A MESSAGE FROM THE SUPERINTENDENT

On behalf of the Nye County School District and its ongoing collaboration with Nye Communities Coalition, I am hopeful each of our students will take advantage of the many programs and resources available within our own community. As educators, parents, and concerned citizens, we hope to provide many opportunities for our students from an educational, cultural, and recreational standpoint.

It is proven that students who are involved in their schools and within their community are much less likely to become involved in various at-risk behaviors and other social problems. Involved students establish personal goals and develop skills necessary to achieve future success. I encourage you to review all of the programs and resources available to you within this directory and to take advantage of the opportunities that exist here in Nye County.

Have a wonderful and successful school year.

Sincerely,

A handwritten signature in black ink that reads "Rob Roberts". The signature is written in a cursive style and is positioned above a horizontal line.

*Dr. "Rob" Roberts, Superintendent
Nye County School District*

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SCHOOLS & CONTACTS



ELEMENTARY SCHOOLS

Hafen Elementary School

7120 S. Hafen Ranch Rd., Pahrump, NV 89061

Phone 775-751-4688
Fax 775-751-4686

Contact: Dr. Teri Owens, principal
Eligibility/Fee: Public school, grades K-5
Hours: 8:25am-3pm

JG Johnson Elementary School

900 Jackrabbit St., Pahrump, NV 89048

Phone 775-727-6619
Fax 775-727-7885

Contact: Holly Lepisto, principal
Eligibility/Fee: Public school, grades K-5
Hours: 8am-3:10pm

Manse Elementary School

1020 E. Wilson, Pahrump, NV 89048

Phone 775-727-5252
Fax 775-727-1526

Contact: Evangeline Visser, principal
Eligibility/Fee: Public school, grades K-5
Hours: 8:05am-3pm

Mt. Charleston Elementary School

1521 E. Idaho, Pahrump, NV 89048

Phone 775-727-7892
Fax 775-727-7894

Contact: Tim Wombaker, principal
Eligibility/Fee: Public school, grades K-5
Hours: 8:25am-3pm

MIDDLE SCHOOL

Rosemary Clarke Middle School

4201 N. Blagg Rd., Pahrump, NV 89060

Phone 775-727-5546
Fax 775-727-7104

Contact: Joe R. Peters, principal
Eligibility/Fee: Public school, grades 6-8
Hours: 7am-2pm

HIGH SCHOOL

Pahrump Valley High School

501 E. Calvada Blvd., Pahrump, NV 89048

Phone 775-727-7737
Fax 775-727-7722

Contact: Kent Roberts, principal
Eligibility/Fee: Public school, grades 9-12
Hours: 7:20am-2:05pm

MIDDLE/HIGH SCHOOL

Pathways

484 West St., Pahrump, NV 89048

Phone 775-727-6822
Fax 775-727-6829

Contact: Max Buffi, principal
Eligibility/Fee: Special circumstances, grades 6-12
Services: Independent learning for qualified students

SCHOOL CLUBS & ATHLETICS

AFTER SCHOOL PROGRAMS

SAFE Program: Rosemary Clarke Middle School

4201 N. Blagg Rd., Pahrump, NV

Phone 775-727-5546
Fax 775-727-7104

Contact: Linda Kunzi
Services: Tutoring, crafts, & music
Eligibility/Fee: Middle school student
Hours: After school Mon.-Thu.

PAHRUMP VALLEY HIGH SCHOOL CLUBS

Athletics

Phone 775-727-7908
Fax 775-727-7722

Contact: Brian Hug, athletic director
Services: Baseball, Basketball, Cheerleading, Cross Country, Drill Team,
Football, Golf, Soccer, Softball, Track & Field, Volleyball, Wrestling
Eligibility/Fee: High school student
Hours: After school, practice schedules vary

Band & Choir

Phone 775-727-7737
Fax 775-727-7722

Contact: Mr. Farr
Eligibility/Fee: High school or Pathways student
Hours: School year with summer marching band camp

Campus Crusade for Christ

Phone 775-727-7737
Fax 775-727-7722

Contact: Ms. Owens
Eligibility/Fee: High school student

Chess Club

Phone 775-727-7737
Fax 775-727-7722

Contact: Ms. Lipari
Eligibility/Fee: High school student

Drama Club

Phone 775-727-7737
Fax 775-727-7722

Contact: Mr. Dilella
Eligibility/Fee: High school student

Interact Club

Phone 775-727-7737
Fax 775-727-7722

Contact: Mr. Paxton
Services: Community service affiliated with Rotary Club
Eligibility/Fee: High school student

Japanese Club

Phone 775-727-7737
Fax 775-727-7722

Contact: Mr. Lauver
Eligibility/Fee: High school student





JROTC

Phone. 775-727-7737
 Fax 775-727-7722

Contact: Captain Hernandez
 Eligibility/Fee: High school student

National Honor Society

Phone. 775-727-7737
 Fax 775-727-7722

Contact: Ms. Torrz
 Services: Community service
 Eligibility/Fee: National standards, 10th grade and up, by invitation only

Newspaper

Phone. 775-727-7737
 Fax 775-727-7722

Contact: Ms. Brown
 Services: Publish the Oracle and the Wallpaper
 Eligibility/Fee: High school student, by application only

Rainbow Coalition

Phone. 775-727-7737
 Fax 775-727-7722

Contact: Mr. Lauver
 Eligibility/Fee: High school student

Renaissance

Phone. 775-727-7737
 Fax 775-727-7722

Contact: Mr. Cornelius
 Eligibility/Fee: High school student

Rodeo Club

Phone. 775-727-7737
 Fax 775-727-7722

Contact: Ms. Tibbits
 Eligibility/Fee: High school student

Science Club

Phone. 775-727-7737
 Fax 775-727-7722

Contact: Mr. Lanway
 Eligibility/Fee: High school student

Spanish Honor Society

Phone. 775-727-7737
 Fax 775-727-7722

Contact: Ms. Warner
 Eligibility/Fee: High school student, completion of 1.5 years Spanish, see Ms. Warner for details

Student Council

Phone. 775-727-7737
 Fax 775-727-7722

Contact: Ms. Paxton
 Eligibility/Fee: High School Student, by election only

Yearbook

Phone. 775-727-7737
 Fax 775-727-7722

Contact: Ms. Cornelius
 Services: Create the annual high school yearbook
 Eligibility/Fee: High school student, by application only

Young Democrats

Phone. 775-727-7737
Fax 775-727-7722

Contact: Mr. Williams
Eligibility/Fee: High school student

ROSEMARY CLARKE MIDDLE SCHOOL CLUBS

Athletics

Phone. 775-727-5546
Fax 775-727-7104

Contact: Ms. Ball, athletic director
Services: Basketball, Cheerleading, Football, Golf, Track & Field, Volleyball
Eligibility/Fee: Middle school student

Builder's Club

Phone. 775-727-5546
Fax 775-727-7104

Contact: Mr. Roberts
Services: Community servic, affiliated with Kiwanis
Eligibility/Fee: Middle School Student

Music Department

Phone. 775-727-5546
Fax 775-727-7104

Contact: Mr. White
Eligibility/Fee: Middle school student

National Junior Honor Society

Phone. 775-727-5546
Fax 775-727-7104

Contact: Ms. Hodge
Services: Community service
Eligibility/Fee: Middle school student, National standards, by invitation only

Student Council

Phone. 775-727-5546
Fax 775-727-7104

Contact: Ms. Veloz
Eligibility/Fee: Middle school student, by election only

Yearbook

Phone. 775-727-5546, ext. 5124
Fax 775-727-7104

Contact: Ms. Veloz
Eligibility/Fee: Middle school student, by application only

GREAT PROGRAM

Nye County Sheriff's Department

1520 E. Basin Ave., Pahrump, NV 89048

Phone. 775-727-7014
Fax 775-751 4671

Contact: Bill Weldon
Services: Drug, gang & violence resistance
Eligibility/Fee: Students, grades K-12, no fee
Hours: Summer program





DRUG & ALCOHOL COUNSELING

Healing Our Future

P.O. Box 9304, Pahrump, NV 89060

Phone. 775-751-8919
Contact: David Brady
Services: Classes in domestic harmony, parenting, marriage education, anger regulation, substance abuse & relapse prevention counseling
Eligibility/Fee: For fee service, sliding scale
Hours: Mon.-Fri. 9am-5pm

Positive Solutions Unlimited (PSU)

2101 E. Calvada Blvd., Pahrump, NV 89048

Phone. 775-537-2764
Fax 775-537-2322
Contact: Jan Broxson
Services: Private & court referred counseling
Eligibility/Fee: For fee service
Hours: Mon.-Fri. 9am-5pm

Westcare of Nevada

1201 S. Highway. 160, Suite 114, Pahrump, NV 89048

2280 E. Calvada Blvd., Suite 101, Pahrump, NV 89048

Phone. 775-751-6990
Contact: Kacey Brunson
Services: Testing, assessment & treatment
Eligibility/Fee: Sliding fee

SUBSTANCE ABUSE PREVENTION

Westcare of Nevada

1201 S. Highway. 160, Suite 114, Pahrump, NV 89048

2280 E. Calvada Blvd., Suite 101, Pahrump, NV 89048

Phone. 775-751-6990
Contact: Francine Winter
Services: Prevention programming
Eligibility/Fee: No cost

MENTAL HEALTH & SUICIDE

Pahrump Mental Health

240 S. Humahuaca, Pahrump, NV 89048

Phone. 775-751-7406
Fax 775-751-7409
Contact: Theresa Lambrecht
Services: Mental health assessments & treatment
Eligibility/Fee: Sliding fee scales
Hours: Mon.-Fri. 8am-5pm

TRUANCY & CRIME

Nye County Juvenile Probation

1520 E. Basin Ave., Ste. 106 Pahrump NV 89060

Phone. 775-751-7021
Fax: 775-751-7017
Contact: Tom Metscher
Services: Juvenile Court Services
Eligibility/Fee: Ages 8-18

CRIME & GANG PREVENTION

Nye County Sheriff's Office

1520 E. Basin Ave., Pahrump, NV 89048

Phone. 775-751-7000

Fax 775-751 4671

Contact: Don Boulden
Services: GREAT, DARE
Eligibility/Fee: Elementary school students
Hours: During school year & summer program

VIOLENCE / ASSAULT

Healing Our Future

P.O. Box 9304, Pahrump, NV 89060

Phone. 775-751-8919

Contact: David Brady
Services: Classes in domestic harmony, parenting, marriage education, anger regulation, substance abuse & relapse prevention counseling
Eligibility/Fee: For fee service, sliding scale
Hours: Mon.-Fri. 9am-5pm

No To Abuse

621 S. Blagg Rd., Pahrump, NV 89048

Phone (24-hour crisis line) 775-751-1118

Fax 775-751-1195

Contact: Lisa Lynn Chapman
Services: Crisis Training in June, womens' support, mens' support, parenting care, car safety
Eligibility/Fee: Open
Hours: 8:30am-5:30pm; Women Support Groups, Wed. 5:30-7:30pm; Men Support Group, Thur. 6-8pm

PARENTING & FINANCIAL HELP

Pahrump Family Resource Center

621 S. Blagg Rd., Pahrump, NV 89048

Phone. 775-727-3885

Fax 775-751-1195

Contact: Dorothy Ryan
Services: Financial assistance, parenting classes
Eligibility/Fee: Open
Hours: Mon.-Fri. 10am-4pm

DRUG SCREENING

Teen Care

621 S. Blagg Rd., Pahrump, NV 89048

Phone. 775-727-9911

Fax 775-751-3337

Contact: Rochelle Brown
Services: Youth group, kickboxing, 12-step recovery, peer counseling, drug testing
Eligibility/Fee: None

IMMUNIZATIONS & FAMILY PLANNING

Nevada State Health Division Community Health Nurse

250 N. Highway 160 Suite #6, Pahrump, NV 89048

Phone. 775-751-7070

Fax 775-751-7077

Contact: Maureen Budahl
Services: Immunizations, low cost family planning, STD screenings
Eligibility/Fee: Sliding fee scale
Hours: By appointment



YOUTH SERVICES CONTINUED



GRIEF AND LOSS

Nathan Adelson Hospice

1480 E. Calvada Blvd., Suite 900, Pahrump, NV 89048

Phone. 775-751-6700

Fax 775-751-5651

Contact: Julie Platson

Services: Camp Mariposa - Grief and loss camp for children

Eligibility/Fee: Ages 6-12

Hours: One weekend in late summer

YOUTH GROUPS



YOUTH ORGANIZATION

Nye Communities Coalition

2280 E. Calvada Blvd., Suite 103, Pahrump, NV 89048

Phone. 775-727-9970

Fax 775-727-9971

Contact: Joanna Darrow

Services: Youth leadership group promoting & building alcohol, tobacco & drug free communities

Eligibility/Fee: Ages 11-18; no fees

Hours: Monthly, call for date

PYRO: PAHRUMP YOUTH REACHING OUT

Water From The Rock

1370 E. Matthew Lane, Pahrump, NV 89048

Phone. 775-751-8449

Contact: Kevin Patterson

Services: Christian Bible Study & youth activities

Eligibility/Fee: Ages 13-20

Hours: Sun. 6:30pm

AWANA

Pahrump Community Church

1061 E. Wilson Rd., Pahrump, NV 89048

Phone. 775-727-5384

Fax 775-727-7548

Contact: Bryan Talley

Services: Ministry Youth Outreach

Eligibility/Fee: Pre-school to High School age

Hours: Sept. 20-May 4, Sun. 6-7:30pm

BAPTIST YOUTH GROUP

First Southern Baptist Church

741 E. Fehrs Way, Pahrump, NV 89060

Phone. 775-727-6038

Fax 775-727-3709

Contact: Wes Clouser

Services: Youth Group

Eligibility/Fee: Grades 6-12

Hours: Sun. 6-7:30pm

YOUTH GROUPS

Shepherd of the Valley

650 S. Blagg Rd., Pahrump, NV 89048

Phone. 775-727-4441; 775-727-4098

Services: Church Service

Hours: Sat 5pm & Sun 9:30am

LDS Church

921 E. Wilson Rd., Pahrump, NV 89048

Phone. 775-727-5229

Services: Youth group

Eligibility/Fee: Ages 12-18

Hours: Sun. 8am, 10am, 12pm, 2pm

Boys & Girls Club of Pahrump

2210 S. Mt. Charleston., Pahrump, NV 89048

Phone. 775-537-1161

Fax 775-537-1164

Contact: Erin

Services: After school & summer programs

Eligibility/Fee: Ages 5-17

Hours: 2:30-6:30pm (school); 7am-6pm (summer)

UNR Cooperative Extension/4H

1651 E. Calvada Blvd., Pahrump, NV 89048

Phone. 775-727-5532

Fax 775-727-6199

Contact: Mikki Bixler/Debby Woodland

Services: Various activities for learning, youth development, community service & livestock management

Eligibility/Fee: Ages 5-19

Boy Scouts & Cub Scouts

1745 S. Wells Ave., Pahrump, NV 89048

Phone. 775-787-1111

Fax 775-787-1114

Girls Scouts

Call toll free number for local club information

Phone. 800-762-6032

Salvation Army

721 S. Buol, Pahrump, NV 89048

Phone. 775-751-6171

240 S. Dahlia St., Pahrump, NV 89048

Phone. 775-727-5093

Fax 775-751-6111

Contact: Cpt. Arlene Torres

Services: Youth group & church services

Hours: Fri. 5:30pm, Sun. 9:30am & 11am



YOUTH RECREATION



RODEO

Rough Riders

4280 S Gregory, Pahrump, NV 89048

Phone. 775-751-1787
Contact: Lori Mills
Services: Gymkhana
Eligibility/Fee: \$30/family, \$20 monthly entry fee
Hours: 3rd Sat. @ Arena

BOWLING

Pahrump Nugget

681 S Highway 160, Pahrump, NV 89048

Phone. 775-751-6500
Services: Bowling alley, leagues, arcade - non-smoking & alcohol free
Eligibility/Fee: Rental fees

ROLLER SKATING / BLADING

Skate Zone

1261 E. Calvada Blvd., Pahrump, NV 89048

Phone. 775-727-4386
Services: Skating, blading, hockey, arcade, parties
Eligibility/Fee: Rental and use fees

ART CLASSES

Pahrump Arts Council

P.O. Box 348, Pahrump, NV 89041

Phone. 775-751-6776
Contact: Jan Lindsey
Services: Various art classes

BASEBALL

Pahrump Little League

1600 E. Honeysuckle, Pahrump, NV 89048

Phone. 775-751-3881
Fax 775-727-5309
Contact: Lou Banuelos
Services: Teeball, minor league, minor machine pitch, junior league
Eligibility/Fee: Ages 5-14. \$55-75, sign-up online or @ Honeysuckle Park

COMMUNITY PARKS

Town of Pahrump Parks

Phone. 775-727-0450

Petrack Park

Corner of Highway 160 and Basin Ave.

Full rodeo arena, tennis courts, softball diamonds & playground

Honeysuckle Park & Skate Park

Honeysuckle between Pahrump Valley Blvd and Dandelion

Soccer fields, Little League Diamonds, Baseball fields, an open pavilion, play equipment, snack stand for events and skate park

Simkins Park

Simkins Rd between Hwy 160 and Blagg Rd.

Playground equipment and grassy area.

DANCE & GYMNASTICS

Artistic Centre

921 Highway 160 Ste. 407, Pahrump, NV 89048
Phone. 775-751-0880
Services: Dance, Gymnastics, Cheerleading, Voice & Acting
Eligibility/Fee: Ages 3-18, \$38/month, \$20 registration
Hours: Mon.-Fri., 3:30-8pm, Sept.-July

FITNESS

First Move Fitness

2271 E. Commercial Ave., Pahrump, NV 89048
Phone. 775-751-MOVE (6683)
Services: Weight lifting, cardio, yoga - "The First Move is Yours"
Eligibility/Fee: Ages 14 & up (under 18 w/ parent signature)
Hours: Mon.-Fri. 4:30am-9pm, Sat. & Sun. 6am-2pm

GIRLS FAST PITCH SOFTBALL

Pahrump Girl's Fast Pitch Association

400 N. Highway 160, Pahrump, NV 89060
Phone. 775-513-1716

GOLF

Pahrump Valley Junior Golf Association

2440 S. River Plate Dr., Pahrump, NV 89048
Phone. 775-727-6670
Contact: Larry & Elaine Goins
Eligibility/Fee: Ages 7-18; \$20 annual fee; \$5 a game
Hours: Mon. for 6 weeks in summer, first Sat. of month during school

LASER TAG

Skate Zone

1261 E. Calvada Blvd., Pahrump, NV 89048
Phone. 775-727-4386
Services: Laser tag
Eligibility/Fee: \$6 unlimited; Fri. 3-7pm \$4 includes laser tag & skating
Hours: Fri. & Sat. 11am-11pm; Sun. 11am-5pm

LIBRARY

Pahrump Community Library

701 East St., Pahrump, NV 89048
Phone. 775-727-5930
Fax 775-727-6209
Hours: Mon., Tue., Thu. 9am-6pm; Wed. 9am-8pm; Fri., Sat. 9am-5pm

MARTIAL ARTS

Dragon Cloud Dojo

2160 E. Calvada Blvd., Pahrump, NV 89048
Phone. 775-751-0244
Contact: Sensi Jose Hernandez
Services: Stress relief, exercise, training
Eligibility/Fee: All ages, fees vary
Hours: Call for schedule

MUSEUM

Pahrump Valley Museum

401 E. Basin Ave., Pahrump, NV 89060
Phone. 775-751-1970
Eligibility/Fee: Admission is free
Hours: Tue.-Sat., 10am-4pm



YOUTH RECREATION CONTINUED



PAINT BALL

Pahrump Paint Ball

6095 H&S Lane, Pahrump, NV

Phone 775-727-5752; 775-727-1453

Eligibility/Fee: All ages, under 18 with signed parental consent, under 12 must have parental supervision; \$15 admission, rental fees vary

Hours: Sat. & Sun. 8am-4pm

SOCCER

AYSO - Youth Soccer

P.O. Box 5804, Pahrump, NV 89041

Phone. 775-751-3090

www.pahrumpayso.com

Contact: Rich Foster

Services: Youth Soccer Organization

Eligibility/Fee: \$35-75

SWIMMING

Town of Pahrump Pool

Petrack Park Annex, 250 N. Highway 160, Pahrump, NV 89060

Phone. 775-727-0450

Eligibility/Fee: 50¢

Hours: Daily 11am-6pm

THEATRE

Pahrump Arts Council

P.O. Box 348, Pahrump, NV 89041

Phone. 775-751-6776

Contact: Francine Winter

YOUTH EVENTS



TEEN NIGHT

St. Martins Episcopal Church

P.O. Box 1385, Pahrump NV 89041

Phone. 775-537-1115

Contact: Julie Platson

Services: Karaoke, games, food at monthly teen nights

Eligibility/Fee: Ages 13-17p; free

Hours: Monthly as announced

ASSISTANCE FOR RUNAWAYS & HOMELESS YOUTH

SAFE Place

Phone. 1-866-UARESAFE

Services: Safe place in Las Vegas

Eligibility/Fee: Age 18 & younger

YOUTH RESOURCES

LIBRARY

Pahrump Community Library

701 East St., Pahrump, NV 89048

Phone. 775-727-5930

Fax 775-727-6209

Hours: Mon., Tue., Thu. 9am-6pm; Wed. 9am-8pm; Fri., Sat. 9am-5pm

AFTER SCHOOL & SUMMER PROGRAM

Boys & Girls Club of Pahrump

2210 S. Mt. Charleston, Pahrump, NV 89048

Phone. 775-537-1161

Fax 775-537-1164

Contact: Brian Nelson

Services: After school & Summer programs

Eligibility/Fee: Ages 5-17 years

Hours: 2:30-6:30pm (school) 7am-6pm (summer)



HEALTH & WELLNESS

NEVADA STATE HEALTH DIVISION

Nye County

250 N. Highway 160 Suite #6, Pahrump, NV 89060

Phone. 775-751-7070

Fax 775-751-7077

Contact: Maureen Budahl

Services: Immunizations, low cost family planning

POSITIVE ACTION

Westcare of Nevada

2280 E. Calvada Blvd., Suite 1, Pahrump NV 89048

Phone. 775-751-6990

Contact: Francine Winters

Services: Prevention Programming

Eligibility/Fee: Court & school referred youth

Hours: Mon.-Fri., 8am-12 Noon



FAMILY RESOURCES



DOMESTIC BATTERY PREVENTION & ANGER MANAGEMENT

Healing Our Future

P.O. Box 9304, Pahrump, NV 89060

Phone. 775-751-8919
Contact: David Brady
Services: Classes in domestic harmony, parenting, marriage education, anger regulation, substance abuse & relapse prevention counseling
Eligibility/Fee: For fee service, sliding scale
Hours: Mon.-Fri. 9am-5pm

No To Abuse

621 S. Blagg, Pahrump, NV 89048

Phone. 775-751-1118
Contact: Director
Services: Counseling & prevention programs
Eligibility/Fee: Private & court referred

Teen Care

41 N. Highway 160, Pahrump, NV 89048

Phone. 775-727-9911
Fax 775-751-3337
Contact: Rochelle Brown
Services: Free drug testing kits, information and referrals

COMMUNITY SERVICES



VOLUNTEER OPPORTUNITIES

Nathan Adelson Hospice

1480 E. Calvada #900, Pahrump NV 89048

Phone. 775-751-6700
Contact: Julie Platson
Services: Volunteer with seniors
Eligibility/Fee: Ages 13-17

No To Abuse

1471 E Highway 372, Pahrump, NV 89048

Phone. 775-751-1118
Contact: Director
Services: Counseling & prevention programs
Eligibility/Fee: Private & court referred

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150 WAYS TO SHOW KIDS YOU CARE



1. Notice them.
2. Smile a lot.
3. Acknowledge them.
4. Learn their names.
5. Seek them out.
6. Remember their birthdays.
7. Ask them about themselves.
8. Look in their eyes when you talk to them.
9. Listen to them.
10. Play with them.
11. Read aloud together.
12. Giggle together.
13. Be nice.
14. Say yes a lot.
15. Tell them their feelings are okay.
16. Set boundaries that keep them safe.
17. Be honest.
18. Be yourself.
19. Listen to their stories.
20. Hug them.
21. Forget your worries sometimes and concentrate only on them.
22. Notice when they're acting differently.
23. Present options when they seek your counsel.
24. Play outside together.
25. Surprise them.
26. Stay with them when they're afraid.
27. Invite them over for juice.
28. Suggest better behaviors when they act out.
29. Feed them when they're hungry.
30. Delight in their discoveries.
31. Share their excitement.
32. Send them a letter or postcard.
33. Follow them when they lead.
34. Notice when they're absent.
35. Call them to say hello.
36. Hide surprises for them to find.
37. Give them space when they need it.
38. Contribute to their collections.
39. Discuss their dreams and nightmares.
40. Laugh at their jokes.
41. Be relaxed.
42. Kneel, squat, or sit so you're at their eye level.
43. Answer their questions.
44. Tell them how terrific they are.
45. Create a tradition with them and keep it.
46. Learn what they have to teach.
47. Use your ears more than your mouth.
48. Make yourself available.
49. Show up at their concerts, games, and events.
50. Find a common interest.
51. Hold hands during a walk.
52. Apologize when you've done something wrong.
53. Listen to their favorite music with them.
54. Keep the promises you make.
55. Wave and smile when you part.
56. Display their artwork in your home.
57. Thank them.
58. Point out what you like about them.
59. Clip magazine pictures or articles that interest them.
60. Give them lots of compliments.
61. Catch them doing something right.
62. Encourage win-win solutions.
63. Give them your undivided attention.
64. Ask for their opinion.
65. Have fun together.
66. Be curious with them.
67. Introduce them to your friends and family.
68. Tell them how much you like being with them.
69. Let them solve most of their own problems.
70. Meet their friends.
71. Meet their parents.
72. Let them tell you how they feel.
73. Help them become an expert at something.
74. Be excited when you see them.
75. Tell them about yourself.
76. Let them act their age.
77. Praise more; criticize less.
78. Be consistent.
79. Admit when you make a mistake.
80. Enjoy your time together.
81. Give them a special nickname.
82. Marvel at what they can do.
83. Tell them how proud you are of them.
84. Pamper them.
85. Unwind together.
86. Be happy.
87. Ask them to help you.

88. Support them.
89. Applaud their successes.
90. Deal with problems and conflicts while they're still small.
91. Chaperone a dance.
92. Tell them stories in which they are the hero.
93. Believe in them.
94. Nurture them with good food, good words, and good fun.
95. Be flexible.
96. Delight in their uniqueness.
97. Let them make mistakes.
98. Notice when they grow.
99. Wave and honk when you drive by them.
100. Give them immediate feedback.
101. Include them in conversations.
102. Respect them.
103. Join in their adventures.
104. Visit their schools.
105. Help them learn something new.
106. Be understanding when they have a difficult day.
107. Give them good choices.
108. Respect the choices they make.
109. Be silly together.
110. Hang out together.
111. Make time to be with them.
112. Inspire their creativity.
113. Accept them as they are.
114. Become their advocate.
115. Appreciate their individuality.
116. Talk openly with them.
117. Tolerate their interruptions.
118. Trust them.
119. Share a secret.
120. Write a chalk message on their sidewalk.
121. Create a safe, open environment.
122. Be available.
123. Cheer their accomplishments.
124. Encourage them to help others.
125. Tackle new tasks together.
126. Believe what they say.
127. Help them take a stand and stand with them.
128. Daydream with them.
129. Do what they like to do.
130. Make decisions together.
131. Magnify their magnificence.
132. Build something together.
133. Encourage them to think big.
134. Celebrate their firsts and lasts, such as the first school day.
135. Go places together.
136. Welcome their suggestions.
137. Visit them when they're sick.
138. Tape-record a message for them.
139. Help them learn from mistakes.
140. Be sincere.
141. Introduce them to people of excellence.
142. Tell them what you expect of them.
143. Give them your phone number.
144. Introduce them to new experiences.
145. Share a meal together.
146. Talk directly together.
147. Be spontaneous.
148. Expect their best; don't expect perfection.
149. Empower them to help and be themselves.
150. Love them, no matter what.



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